## PST/INTERVIEWS FOR PORT HUENEME, CA

#### Dates for 2004

| JAN  | <b>FEB</b> 11 <sup>th</sup> /25 <sup>th</sup> | <b>MAR</b><br>10 <sup>th</sup> /24 <sup>th</sup> | <b>APR</b> 14 <sup>th</sup> /28 <sup>th</sup> |
|--|---|--|---|
| <b>MAY</b><br>12 <sup>th</sup> /26 <sup>th</sup> | <b>JUN</b><br>9 <sup>th</sup> /23rd           | <b>JUL</b> 14 <sup>th</sup> /28 <sup>th</sup>    | <b>AUG</b> 11 <sup>th</sup> /25 <sup>th</sup> |
| SEP 8 <sup>th</sup> /22 <sup>nd</sup>            | OCT 6 <sup>th</sup> /20 <sup>th</sup>         | <b>NOV</b><br>10 <sup>th</sup> /24 <sup>th</sup> | <b>DEC</b> 8 <sup>th</sup> /22 <sup>nd</sup>  |

\*Note: You will experience a delay in the processing of your PST request if you have not followed the Step-by-Step Guideline. Please read and follow the <a href="PST Request-">PST Request-</a>
<a href="http://www.seal.navy.mil/pdf/pstrequest.pdf">http://www.seal.navy.mil/pdf/pstrequest.pdf</a>
<a href="PST">PST's</a> are scheduled NLT 72hours prior to test time and date.

#### Time 0730

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @0730

#### LOCATION

Port Hueneme Naval Base, Sea Breeze Aquatic's Center

### Directions

Enter main gate @ Ventura Rd. & Bard Rd., take an immediate right onto Addor Rd. for approx 4/10's of a mile to  $29_{th}$  street, left on  $29_{th}$  St. for approx. 200yds, the Sea Breeze Aquatic's Center (bldg 72) is on the right. GEAR LIST Candidates are required to arrive 15 minutes early with the items listed below:

The original approved special request chit Service Record and Medical Record Military identification card T-shirt, dungarees or cammies, and boots for SEAL candidates T-shirt, shorts, and running shoes for SWCC candidates Swimsuit and towel Drinking water

### Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

A copy your PST Confirmation email
Military identification card
T-shirt, dungarees or cammies, and boots for SEAL candidates
T-shirt, shorts, and running shoes for SWCC candidates
Swimsuit and towel
Drinking water

# Upon Successful completion of the PST

Candidate will be interviewed, \*IAW MILPERSMAN 1220-150. Interview requirement items:

- (1) Completed NC worksheet
   (http://www.seal.navy.mil/seal/pdf/ncworksheet.pdf)
- (2) Uniform of the day
- (3) Original special request chit
- (4) Military ID
- (5) Service record
- (6) Wavier(s) (See Waivers)
- \* No exceptions

#### NOTE:

Cancellations ASAP

mailto:motivators@navsoc.navy.mil